

SOCIAL DISTANCING

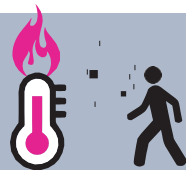
SI Spirit Inc Social Distancing GUIDELINES



PICK-UP & DROP-OFFS:

- Please drop off & collect from outside of the gym.
- Parents please remain in cars.
- Staggered Start & Finish Times implemented.

HEALTH SURVEY & CONTACT TRACING:



- Attendance taken on entry
– for contact tracing purposes.
- Temperature check on entry.
- Health survey on entry
– flu symptoms, living with anyone sick or travel in past 14 days
– Sorry not able to attend.
- Anyone with flu symptoms sent home.
- If any attendee or staff member has a positive COVID19 result we will follow all health guidelines, close for a minimum of 48hrs start contact tracing and advise all who attend the venue.

SOCIAL DISTANCING:

- Numbers will be determined at a later date based on state and local requirements.
- Practice times changed to allow for change overs to maintain number limits.
- We will maintain social distancing between everyone within the venue.
- Spots will be marked on floors to reinforce social distancing during classes.
- Floors will be marked with arrows and lines to ensure social distancing in relation to toilets and shared spaces.
- Venues will be separated into zones if there are multiple classes in order to keep classes separated at all times.
- No congregating allowed by athletes, coaches, parents or staff in any areas including hallways, reception areas or outside facilities.
- All spectator areas closed.



ATHLETES:



- Please arrive ready to participate in your activity.
- Sorry no bags allowed in venues.
- Please name water bottles
(these will be safely positioned during practice to avoid others & accidental sharing).
- Please take all belongings, do not leave anything behind.
- We will not have a lost and found at this time.
- Sorry no contact with anyone
– no hugs, high fives or hand shakes.
- If unwell or living with anyone unwell please stay home.
- If you have an underlying health condition
– you should not come to practice.



CLEANING:

- Deep clean daily will be done before classes.
- Hand sanitizer on entry & starting class and at end of the class.
- All commonly used areas, surfaces, handles and touch points will be cleaned & sanitized after each class.
- Doors will remain open to avoid unnecessary touching.
- Shoes disinfected upon entry.
- All waste and disposable PPE will be securely and safely disposed of.
- Cleaning & Sanitizing equipment will be enforced in all areas.
- Athletes are asked to wipe down any surfaces they touch.
- Practice times changed to allow for cleaning between classes.



TRAININGS:

- Coaches to ensure that they maintain appropriate social distance from other coaches, athletes & staff.
- Coaches ensure they do not have any physical contact with athletes.
- Coaches to wear facemasks.
- Coaches should try to avoid sharing equipment with others, including music, iPad etc.
- Coaches to sanitize any equipment after use.
- No stunting, lifts or partner work.
- No props, poms etc. to be used.

